

# HEALTHIER CHOICE BUFFET MENU

**A** \$16.99/pax w/GST \$18.18  
Min. 30 pax  
9 Courses



**Healthier  
Menu**

Eat all foods in moderation

- Food is served in warmers with complete buffet setup
- Best consumed within 3 hours from delivery

**Terms & Conditions:** • Comes with complete table layout with skirting and warmers • Full set of disposable wares provided • Incremental of orders must be in multiples of 5 pax • Delivery fee of \$60 per return trip is applicable • Additional surcharge of \$10 for delivery to offshore areas (Sentosa, Jurong Island) and central areas denoted by the first 2 digits of the postal code: Robinson – 01, 04, 05, 06, 07, 08, Marina Square – 03, 17, Orchard – 22, 23, Bras Basah – 18, 19 • Additional surcharge of \$50 - 100 to venues without direct lift access • Prices quoted are subjected to GST • Food is best consumed within 3 hours • Neo Garden Catering Pte Ltd reserves the right to change the dishes to another of equivalent value without prior notice

## CHOOSE 1 ITEM FROM EACH CATEGORY

### RICE/NOODLE (WHOLEGRAIN)

Yang Chow Fried Brown Rice  
Thai Pineapple Brown Rice  
Wholemeal Spaghetti Aglio Olio  
Vegetarian Brown Rice Mee Hoon  
Cabbage Brown Rice

### FISH

Spring Onion Fish  
Fish w Celery  
Sze Chuan Fish  
Assam Fish Fillet  
Baked Fish w Tomato Concasse

### SALAD

Wakame Salad  
Garden Salad #  
Caesar Salad #

### VEGETABLE/BEAN CURD

Xiao Bai Chye w Oyster Sauce  
Loh Han Vegetable  
Mixed Cabbage  
Kai Lan w Mushroom  
Braised Bean Curd

### CHICKEN (SKINLESS)

Honey Chicken  
Oyster Chicken  
Sze Chuan Chicken  
Sweet & Sour Chicken  
Neo's Famous Curry Chicken + 0.80

### DRINKS

Coffee (Sugar & Creamer\*)  
Tea (Sugar & Creamer\*)  
Fruit Punch  
Orange  
Ice Water^

### DIM SUM

Mini Soon Kueh  
Steamed Rice Kueh  
Steamed Har Kau  
Steamed Siew Mai  
Steamed Mini Char Siew Pau

### PASTRY/DEEP FRIED

Mini Custard Puff  
Mini Chocolate Puff  
Sotong You Tiao  
Curry Samosa  
Crispy Golden Long Spring Roll

### FRUITS

Fresh Fruits Platter



^Complimentary item | #Sauces served on the side | \*Served on the side

[neogarden.com.sg](http://neogarden.com.sg) | 6896 7757 | @neogardencatering

\*As defined in Euromonitor International report, 'Events Catering Services in Singapore', dated April 2019 whereby events catering refers to food catering services provided for social or corporate events only and is based upon customer value sales.

**#1** EVENTS  
CATERER  
IN SINGAPORE

# HEALTHIER CHOICE BUFFET MENU

**B** \$18.99/pax w/GST \$20.32  
Min. 30 pax  
10 Courses



**Healthier  
Menu**

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## CHOOSE 1 ITEM FROM EACH CATEGORY

### RICE/NOODLE (WHOLEGRAIN)

Yang Chow Fried Brown Rice  
Thai Pineapple Brown Rice  
Sin Chow Brown Rice Mee Hoon  
Wholemeal Spaghetti Aglio Olio  
Vegetarian Brown Rice Mee Hoon

### FISH

Spring Onion Fish  
Fish w Celery  
Assam Fish Fillet  
Steamed Fish w Oriental Sauce  
Baked Fish w Mango Salsa

### SALAD

Wakame Salad  
Garden Salad #  
Caesar Salad #

### FRUITS

Fresh Fruits Platter

### VEGETABLE/BEAN CURD

Mixed Cabbage w Wolfberry  
Loh Han Vegetable  
Mushroom Broccoli  
Chye Sim w Straw Mushroom  
Bean Curd w Pacific Clam

### CHICKEN (SKINLESS)

Honey Chicken  
Black Pepper Chicken  
Grilled Chicken w Mushroom Sauce  
Yakitori Chicken  
Neo's Famous Curry Chicken + 0.80

### PASTRY/DEEP FRIED

Mini Custard Puff  
Mini Chocolate Éclair  
Mini Cheese Cake  
Sotong You Tiao  
Breaded Scallop  
Crispy Golden Long Spring Roll

### DIM SUM

Mini Soon Kueh  
Steamed Yam Kueh  
Steamed Har Kau  
Steamed Siew Mai  
Steamed Mini Char Siew Pau

### PRAWN

Ketchup Prawn  
Sambal Prawn  
Sweet & Sour Prawn  
Stir-fried Prawn  
Poached Prawn w Wolfberry

### DRINKS

Coffee (Sugar & Creamer\*)  
Tea (Sugar & Creamer\*)  
Fruit Punch  
Orange  
Ice Water^



^Complimentary item | #Sauces served on the side | \*Served on the side

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**#1** EVENTS  
CATERER  
IN SINGAPORE

# HEALTHIER CHOICE TEA RECEPTION MENU

**A** \$9.50/pax w/GST \$10.16  
Min. 40 pax  
7 Courses

**B** \$10.50/pax w/GST \$11.24  
Min. 35 pax  
8 Courses

**C** \$11.50/pax w/GST \$12.31  
Min. 30 pax  
9 Courses



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Menu**

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## CHOOSE 1 ITEM FROM EACH CATEGORY

### MAIN COURSE (WHOLEGRAIN)\*\*

Yang Chow Fried Brown Rice  
Thai Pineapple Brown Rice  
Sin Chow Brown Rice Mee Hoon  
Brown Rice Mee Hoon Goreng  
Vegetarian Brown Rice Mee Hoon

### SANDWICH (WHOLEGRAIN)

Egg Mayonnaise  
Cheddar Cheese  
Tuna Mayonnaise  
Sardine  
Veggie

### SWEET SUPREME\*\*

Mini Chocolate Brownie  
Mini Cheese Cake  
Mini Diamond Custard  
Mini Chocolate Roll  
Mini Apple Strudel  
Mini Almond Bar

### DIM SUM

Steamed Siew Mai  
Steamed Har Kau  
Mini Soon Kueh  
Mini Rice Kueh  
Mini Red Bean Bun  
Mini Nonya Kueh  
Mini Fried Yam Cake

### SAVOURY (DEEP FRIED)\*\*

Honey Drumlet  
Teriyaki Mid Wing  
Fish Ball  
Crispy Golden Long Spring Roll  
Curry Samosa  
Chicken Nugget  
Mini Curry Puff  
Sotong You Tiao  
Crispy Mid Wing  
BBQ Drumlet

### PIZZA\*\*

Hawaiian  
Spicy Tuna  
BBQ Chicken  
Vegetarian

### SALAD

Caesar Salad\*  
Thai Mango Salad  
Potato Salad  
Garden Salad\*  
Fresh Fruits Salad

### SWEETS

Mini Chocolate Puff  
Mini Custard Puff  
Mini Swiss Roll  
Mini Butter Cake  
Mini Marble Cake

### DESSERT (LESS SUGAR)

Green Bean Soup (Hot)  
Sweet Potato Soup (Hot)  
Ice Jelly w Cocktail  
Almond Jelly w Cocktail  
Fresh Fruits Platter  
Honeydew Sago

### DRINKS

Coffee (Sugar & Creamer\*)  
Tea (Sugar & Creamer\*)  
Fruit Punch  
Orange  
Ice Water^



\*\*Limit to one choice per category | ^Complimentary item | #Sauces served on the side | \*Served on the side

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